

Michael “Milo” Levell

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Objective

Hip Hop Body Shop will be the source of dance fitness educational tools that assist in the development of fitness instructors and dancers in the culture of Hip Hop dance fitness.

Experience

Hip Hop Body Shop Television Show/Videos Jan 1995-2000

Milo levell was the creator and host of the first Hip Hop Dance Fitness Television show entitled “Hip Hop Body Shop. Produced by Celebrity Actress Mimi Rogers and Directed by Cal Pozo (The Biggest Loser tv, etc) Milo also created 3 successful videos that received 5 stars from the infamous Shape Magazine and other publications.

Hip Hop Dance Fitness World Tours Jan 2001-Present

Milo Levell has toured to over 30 countries and counting as the international ambassador for hip hop dance fitness instructor training and workshops. Featured as the first in our world history to perform in the Vatican for the Pope's Jubileo program in Rome, Italy 2000

Celebrity Dance Fitness Trainer Sept 2001-Present

Private Dance Fitness Professional to celebrity clients and major corporate wellness programs and top fitness facilities. Corporate clients: Equinox, Spectrum Fitness Clubs, LA Fitness, 24 Hour Fitness, Disney, HBO, UCLA, MTV, CBS, etc..

Education

Tuskegee University, Tuskegee, Alabama Sept 1982-May 1987

4 year attendance at Tuskegee University's Air Force ROTC Pilot Program. Major: Physical Education

Skills

Dance Fitness Professional Master Trainer (30 years). Choreography. Music Production and editing. Production and Directing live events and/or film. Motivational Speaker. MC. DJ for special events.

References:

Madonna Grimes (Mgbeg@aol.com)

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